

Life to the Fullest



CCRP

Jamaica

**Discount
Partners**



Personal Care

432 Body Works

11 Ardenne Rd, Suite 9, Kgn 10
876 894 0614

Discount Details: 22%

Afya Yoga and Pilates Studio

2d Bamboo Ave, Kgn 6
876 977 6735, 8763837669, 876 434 7433

Discount Details: 10% discount on all classes

Aromacare - Donna Singh

876 461 9162

Discount Details: 15%

ArthritiCare Solutions

876-423-5842 or 876-369-8283
Website: arthriticarejm.com

Discount Details: 10%

Calidad Home Health

Level 9, Panjam Bldg, 60 Knutsford Blvd, Kgn 5
876-817-6248

Discount Details: 10%

Dale Carnegie Training Institute

Shop 13-15 Tropical Plaza,
12-14 Constant Spring Road, Kgn 10
876 754 9748

Discount Details: 25% on training courses

Detoxification - Alternative Medicine by Sonia McDonald-Buchanan

876 817 9472, 876 573 1181

Discount Details: 15%

Doctors Cave Bathing Club

White Sands Beach, Montego Bay
876 952 2566

Discount Details: 15%

Home Care Support for Seniors Donna Singh

(876) 461-9162

Discount Details: 10%-12%

Jencare Skin Farm

82 Hope Road, Kgn 6
876 946 3494-7

Discount Details: 10% (Mon - Wed)

La Belle Femme Lingerie & Bra Fit Specialists

53 Lady Musgrave Rd.
876 622 6091

Discount Details: 15%

Light Therapy by Opal Bernard

Constant Spring Medical Centre, 111c Constant Spring Rd,
Kgn 10
876 925-0868, 876 542-8983

Discount Details: 15%

PRO Physio

Suite #4, Mid Spring Mall,
134 Constant Spring Road, Kgn 8
876 342 1298, 876 669 2634

Discount Details:

Physiotherapy Treatment \$5,000 (12.5% discount)

Follow up treatment \$4,000 (30% discount)

Physiotherapy Home Visits \$7,000 (30% discount)

Gym Membership with Supervision \$18,000 (16% discount)

Massage Therapy \$8,500 (11% discount)

Rehab Oasis

Unit 8, Lee Gore Business Centre,
31 Upper Waterloo Rd., Kingston 10
876 789-2466

Discount Details:

(15% Discount)

Physiotherapy / Manual Therapy Initial Office Visit \$6,500

Physiotherapy / Manual Therapy Follow up Visit \$5,000

Physiotherapy / Manual Therapy Home Visit \$7,000

(20% Discount)

Pilates Class 8 Sessions \$12,000

Sanaa Studios

25 Barbican Road, Kgn 6
876 977 4792

Discount Details: 10% on classes

Skin Fairy Jamaica

www.skinfairyja.com
Instagram: Skinfairyja
tiffanyserena.skin@gmail.com
876-537-8094 / 876-495-3867

Discount Details: 10%

Treatment Room

2D Bamboo Avenue, Kingston 6
876 792-1352

Discount Details: 20% on Massage Therapy

Ultra Care Physical Therapy

11 Fairway Avenue
Kingston 5
876-665-4393 or 876-436-1637

Discount Details:

Physiotherapy Initial Visit - \$6500 (20% discount)

Physiotherapy Follow up Visit - \$5500 (15% discount)

Pelvic Floor Rehabilitation \$8500 (20% discount)

Vanity Squad Mobile Beauty and Barber Salon

876-346-5219 (Flow)

876-842-8958 (Digicel)

Discount Details: 10% on all services



Home & Entertaining

Amazing Events

876 823 4433

Discount Details: 15%

Conserve It Solar Equipment

12 Truman Avenue, Kgn 10

876 754 0220-1

Discount Details: 5%

Every Blooming Thing

27 Upper Waterloo Road, Kgn 10

876 925 4483, 876 925 9319

Discount Details: 10%

Greenthumb Floral & Gifts

37 Shortwood Rd, Kgn 8

876 925 0988

Discount Details: 20%

Guardzman Alarms Limited

6 Carvahlo Dr, Kingston

876 929-6847

Discount Details: 10%

Guardzman Security Services

107 Old Hope Road, Kgn 6

876 978 5760, 876 929 3299

Discount Details: 10%

Hope Zoo

Hope Road, Kingston 6

876-927-1085

Discount Details: 30%

Hawkeye Electronic Security

14 Belmont Road, Kingston 5

876 926 4295

Discount Details: 10%

Jamaica Fire Equipment

16 Hagley Park Rd, Kgn 10

876 926 5229

Discount Details: 10%

Konoko Park & Falls

Pimento Walk Main St Ann

876 622-1712

Discount Details: 10%

King Alarm

Caledonia Avenue, Kingston

876 926 0116

Discount Details: 25% Discount (Installations only)

Nature's Paradise

107 Old Hope Road

876 927-6613

Discount Details: 10%

Orkin Pest Control (Kingston)

5A Haughton Avenue Kingston 10

876-906-2306

Discount Details: 10%

Orkin Pest Control (Ironshore)

Lot 1218 Providence Way Ironshore, Industrial Estate

876-953-8649

Discount Details: 10%

Puerto Seco Beach

Discovery Bay, Saint Ann

(876) 670-0128

Discount Details: 10%

That Blooming Florist

20 West Kings House Road, Kgn 10

876 908 3538-9

Discount Details: 20%

Victor Nugent

Drapery & Upholstery Cleaners On Site

876 366 3758

Discount Details: 10%

Wayne's Discount Centre

7 Marescaux Road, Kgn 5

876 754 6273

Discount Details: CCRP members will pay wholesale rate on all items



Medical Services

APEX RADIOLOGY

Apex Medical Centre
2A Molynes Road, Kgn 10. Shop #6

Winchester Surgical & Medical,
3A Winchester Rd, Kgn 10

129 Pro Medical Centre
129 Old Hope Road, Liguanea,
Shop #4, Kingston 6.

Bellamour Medical Center
Lot 11A Pineapple Place,
Ocho Rios

Telephone: (876)926 7607, (876)656-9515-7
WhatsApp: (876)322-5203

Discount Details: 15%

Athena Care

Home care medical services
The Business District
19 Cargill Avenue, Kgn 10
(876) 442-2428
Email: info@athenamedja.com

Discount details: 10% off all services

Dr Kanchara Bandara Coore, MD

Manuchant Medical Centre
129 Old Hope Road, Kgn 6
876-978-8392

Discount Details: 10%

Dr. Judit Baptiste Ph.D, Holistic Healing

#5 Hope View Avenue, Kingston 6, Hope Pastures
876 970 0064

Discount Details: 5%

Dr. Marcia Barnes, Southdale Dental

Shop 8, Southdale Plaza, Kingston 10
876 929 3312, 876 926 7474

Discount Details: 10%

Centre for Diagnostic Imaging

94 1/4 Old Hope Rd.
876 946 9729

Discount Details: 15% discount (X- Ray, Ultrasound, CT-Scan)

Hargreaves Memorial Hospital

32 Hargreaves Avenue, Mandeville,
876 961 1589

Discount Details:

10% discount - Emergency & Outpatient Services,
Laboratory, Radiology (X-Ray, Ultrasound, Cat Scan),
Pharmacy, Ambulance

5% discount – Hospitalization (including Operating Theatre)

Heart Institute of the Caribbean Foundation

23 Balmoral Avenue, Kingston 10 (876 906 2105)
1Brumalia Rd, Mandeville, Manchester (876 625 7122)
Unit C5B, Shoppes at Pineapple, Main Street, Ocho Rios, St Ann (876 974 8314)

Discount Details: 10%

Dr. Emerson Henry, “The Dentist”

15 Glenview Terrace, Kgn 6
Papine 5 Chandos Place, Kgn 6,
Morant Bay Shop #15B, Morant Bay Shopping Plaza
876-927-1013

Discount Details: 10% discount on oral and periodontal exams & cleaning

Independent Living

11 Merrick Ave, Kgn 10
876 754 2195, 876 754 5198

Shop BG1 Whitter Village
Ironshore, Montego Bay

Discount Details:

10% discount on Abena Incontinence products
5% on Bathroom/Safety products, commodes,
walkers/canes & blood pressure machines
2% discount on CPAP Machines

Jamaica Cosmetic Dental Services

Suite #28, 7-9 Ardenne Road,
876 978 4747

Discount Details: 5% discount on dental procedures

Dr. Margaret Larmond, Dental Surgeon

Lot 25 Mandeville Plaza, Mandeville
Telephone number 876-962-3405 (Office)
876 - 446-2545 (cell)

Shop 22 Apple Tree Plaza,
Christiana, Manchester.
Telephone 876 -964 -3109

Discount Details: 10%

Med-Clinix

Unit 27, Barbican Business Centre, 88 Barbican Road,
Kingston 8,
876 978 7380

Discount Details: 15%

Medical Associates Hospital

18 Tangerine Place, Kingston 10,
876 926 1400

Discount Details: 10%

Parkington Medical & Eye Centre

26A Parkington Plaza, Kingston 10,
876 920 3502

Discount Details: 20% discount on frames. Conditions apply

Phoenix Gastroenterology

2 Phoenix Ave, Kgn 10,
876 929 7108

Discount Details: 10%

Medical Services (cont)

PLC Services, Andrews Memorial Services

876 926 1805

Discount Details: 15% discount for physiotherapy services at Andrews Memorial Hospital

Revamp Rehabilitation Centre - In-Patient Stroke Unit

17 Latham Avenue, Kgn 6,

876 946 1172

Discount Details: 10% discount on services: physical therapy, speech therapy and occupational therapy

Dr. Suzette A. Robinson, MBBS, FACP, FACE, CCD

Endocrinology, Diabetes & Associates

Lee Gore Business Centre, Unit 2

Upper Waterloo Road, Kingston 10

Office: 876 925 5044

Fax: 876 925 9007

Office Mobile: 876 854 2335

JAM Mobile: 876 570 6649

US Mobile: 239 935 9124

Discount Details: 10% on all services

Dr Veronica Salter - Release Therapist

110 Old Hope Rd, Kgn 6,

876 927 7420, 876 770 4400

Discount Details: 20%

St Jago Ultrasound and X-Ray Diagnostic Services

St. Jago Shopping Centre, Spanish Town,

876 984 7266, 876-749-2090

Discount Details: 15%

The Smile Centre

27 Manning Hills Rd, Suite 4, Kgn 19,

876 925 3637

Discount Details: 20%

The Woman's Place

1 Stanton Terrace Units 1&2,

876 978 4359, 876 927 8550

Discount Details: 10%

Dr Eulalee Thompson - Psychologist

163 Old Hope Rd, Kgn 6

876 275 2430, 876 977 1108

Discount Details: 20%

Total Therapy

4 Queens Dr, Montego Bay

Discount Details: 10%



Bert's Auto Parts

1-888-991-5459

Discount Details: 15%

GPSCoconnect

8 Eureka Cres, Kgn 5

876 908 0107

Discount Details: 10%

Hertz International Car Rental (Kingston)

9a Garelli Avenue, Kingston 10

876 960 0600

Discount Details: 15%

Irons' Mechanical Services

White River, Ocho Rios

876 974 9173

Discount Details: 15%

Jamaica Automobile Association (JAA)

7 Central Avenue, Kingston 5

876 906 5343

Discount Details: 30%



Pharmacy

Bewellers Pharmacy

2 Phoenix Ave, Kgn 10
876 634 7007

Discount Details: 15%

BLYSS Pharmacy

18 Kingslyn Avenue, Kgn 10
876-678-6979, 876-237-9579 (WhatsApp)
Email: health@blysspharmacy.com

Discount Details: 10% off prescriptions, vitamins and adult diapers for members 60 years and over

Fontana Pharmacy

34 East Kings House Road, Kgn 6 (876 946 2630)
Waterloo Square, 12 West Kings Hse (876 969 8889)
Manchester Shopping Centre (876 962 3129)
Fairview Town Centre, Montego Bay (876 952 3866)

Discount Details: 10% off prescriptions and over the counter medication

J & J Pharmacy

92 Barnett St, Montego Bay,
Shop #3 Embassy Place, Montego Bay,
82 Barnett Street, Montego Bay
876 940 4262

Discount Details: 10% discount on all purchases at all branches

Johnson's Pharmacy

25 Manchester Rd, Mandeville
876 962 2464

Discount Details: 10%

New Kingston Pharmacy

30 Dominica Drive Shop#1, Kingston,
876 908 3628, 876 908 4765

Discount Details:

5% discount on vitamin supplements
10% discount on prescriptions

South Avenue Pharmacy

Shop 2, 6 South Avenue, Kgn.10,
876 960 2018

Discount Details: 5%

Super Med Pharmacies

28 Barbados Ave, Sagicor Building New Kingston
(876-920-2701,920-8408)

111A Molyne Rd, Kgn. 20 (876-934-3130,765-5282)

Shop 12-20, Mall Plaza 20 Constant Spring Rd., Kgn. 10
(876-926-2457,960-2145)

Papine-5 Chandos Place, Kgn 6 (876-927-2499)

Discount Details:

10% discount on prescriptions
5% discount on non prescription items (Islandwide)

The Caribbean Community of Retired Persons (CCRP) is a non-profit membership organization for persons 50 and over. CCRP was founded in January 2009 by Jean Lowrie-Chin to honour her mother and other senior mentors. The management team consists of a board of directors supported by a small administrative team.

Our Offices

Kingston

Phoenix Central, 2 Phoenix Avenue, Suite 16, Kingston 10.
Hours 10am-4pm Monday-Friday.
Tel: 876 469 1944 or email info@ccrponline.org.

Mandeville

Global Travel Service, Manchester Shopping Centre.
Hours 10am-2pm Monday & Wednesday.
Tel: 876 278 1590 or email ccrcentralja@ccrponline.org

Ocho Rios

St Ann Chamber of Commerce, Pineapple Place, Ocho Rios.
Hours 9am-12pm Tuesday & Wednesday .
Tel: 876 553 0329 or email ccrpnortheastja@ccrponline.org

Montego Bay

Unity of Montego Bay Worship Centre, 12 Dome Street, Montego Bay.
Hours 9am-3pm Tuesday & Friday.
Tel: 876 550 9330 or email ccrpwesternja@ccrponline.org